

EXAMINATION OF CONSCIENCE

"Come to me, all you who labor and are burdened, and I will give you rest." Mt. 11:28

1. The sin that hurts me the most
2. The sin that brings me most shame
3. The sin that I never confessed
4. The sin that I had forgotten about
5. The sin that never thought I would have done
6. The sin that is most frequent in me
7. The sin that I fall into most easily
8. The sin that refrains me the most in my faith
9. The sin that distances me from others
10. The sin that I have the hardest time regretting
11. The smallest sin, most insignificant (still affects)
12. The most frequent sin growing up
13. The gravest sin growing up
14. The consequences of sin in me today
15. The 3 main roots of my sins
16. The sin that I can't control
17. That sin of mine that affects others (friends and family)
18. A sin that cools down my love for God
19. A sin already rooted in me
20. The sin that I feel is the worst in me