

## **ALPHA COURSE 2020 – FAQ**

### **What is Alpha?**

Alpha is an 11-week introduction to the Catholic faith. Each evening begins with dinner at 6:30pm, followed by a talk and a small group discussion with the opportunity to ask questions and express opinions.

An important element of the course is the weekend away. After session 6, we invite attendees to do a weekend-away retreat focused on the Holy Spirit.

<https://www.youtube.com/watch?v=VtLzeN9542A&feature=youtu.be>

### **Why should I consider this course and who should attend Alpha?**

This is not a course for instruction; it is more a course of exploration in your faith journey. You can expect to receive spiritual gifts that you didn't know you needed and grow closer in personal relationships with other believers. This course is appropriate for anyone, including those who wish to rekindle their faith, those new to the community, and those who have been away from the church.

Although the course covers the foundation of the Catholic Faith, it's also very powerful for long-time or cradle Catholics who want to deepen their faith and re-engage their hearts.

Many participants have had a spiritual awakening and conversion as a result of this program.

[https://www.youtube.com/watch?time\\_continue=3&v=pVNGvIr36WU](https://www.youtube.com/watch?time_continue=3&v=pVNGvIr36WU)

### **What is the cost for the course?**

There is no cost for the course. You can donate to help defray the cost of the dinners. There will be a charge for the weekend-away retreat (approximately \$150 per person, and scholarships are available).

### **Do you provide childcare?**

Childcare will be provided. Please indicate if you will be needing this service when you register below.

### **What are the fruits?**

People who do the course experience many things:

- ✓ Receive a powerful experience of the Love of God and the presence of the Holy Spirit

- ✓ Relearn the basics of their faith.
- ✓ Re-connect with the community and more fully appreciate our parish as a community of friends in Christ.
- ✓ Get excited about their faith and start to invite others to the course.
- ✓ Emotional or physical Healings during healing session.

### **Why are we doing this course at the parish?**

We believe we are living in a very special time in the mission of the Church. The last three popes have called us to engage in the new evangelization. We need both to renew the spiritual life of those who are coming, and also provide “entrance doors” for those who are away from the Church. We believe Alpha is a great tool to accomplish these two goals.

### **Can I invite others?**

Yes! You can come and invite friends to come with you, or you can take advantage of this opportunity to invite people who might not be coming to church.