

# Praying with the Psalms

*The Prayer Book of the Bible*



Wednesdays at 6:30 p.m.

**July 6 to  
August 10**

Sister Teresa will be leading a course on the Psalms for our summer Abide Series. She will address the Psalms in their poetic beauty, in their theological richness, and in their immense spiritual value. We will explore how to integrate the Psalms in your own prayer life, along with the role they play in the life of the Church.

The course will be held on Wednesday evenings in the parish hall, at 6:30 p.m. running from July 6th until August 10th.

**Week 1 • July 6**

Introduction to the Psalms and to Poetry;  
Psalms of Thanksgiving

**Week 2 • July 13**

Psalms of Praise

**Week 3 • July 20**

Psalms of Petition

**Week 4 • July 27**

Psalms of Repentance

**Week 5 • August 3**

Psalms of Lament

**Week 6 • August 10**

Imprecatory Psalms and Intercession



**SAINT MICHAEL  
THE ARCHANGEL**  
CATHOLIC CHURCH

**Details & Registration:**

[stmichaelportland.org/news-and-events/abide2022](http://stmichaelportland.org/news-and-events/abide2022)