How to resist

evil?







The world is the enemy around us, flesh is enemy within us, the devil the enemy above.

Why believe in his existence? 1. Bible 2. Tradition 3. Experience 4. Common Sense

`There are two equal and opposite errors into which we can fall about the devils. One is to disbelieve in their existence; the other is to believe and to feel an excessive and unhealthy interest in them. They themselves are equally pleased by both errors.'

C. S. Lewis

What are the devil's tactics?

Devil's Aim:

"The thief comes to steal, to kill, and to destroy" John 10:10a

Jesus's Aim:

"I came that you might have life and life in all its fullness." John 10:10b

Devil's Tactics: Temptation • Doubt Deception Discourage

The reason the Son of God appeared was to destroy the works of the devil. 1 John 3:8

"He delivered us from the power of darkness and transferred us to the kingdom of his beloved Son" Colossians 1:14

How to resist the evilone?

Finally, draw your strength from the Lord and from his mighty power. Put on the armor of God so that you may be able to stand firm against the tactics of the ... So stand fast with your loins girded in truth, clothed with righteousness as a breastplate, and your feet shod in readiness for the gospel of peace. In all circumstances, hold faith as a shield, to quench all [the] flaming arrows of the evil one. And take the helmet of salvation and the sword of the Spirit, which is the word of God. Ephesians 6

PURSUE A LIFE OF HOLINESS: Draw your strength from the Lord and from his mighty power.

RESIST TEMPTATIONS: stand firm against the tactics of the devil.

BATTLE OF YOUR MIND: And take the helmet of salvation and the sword of the spirit, which is the word of God

AVOID IDLENESS: your feet shod in readiness for the gospel of peace. Stay busy doing good things

STAY FOCUS ON JESUS : "You belong to God.... for the one who is in you is greater than the one who is in the world" 1 Jn 4:4

So submit yourselves to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. James 4:7-8

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Do not be conquered by evil but conquer evil with good. Romans 12:21

Questions?

- What ideas stood out from this talk?
- What things are helpful for you to overcome temptation?
- Have you experience in your life moments where you overcame a temptation, bad inclination, or defect of character?
- What are you working on during this Lent?